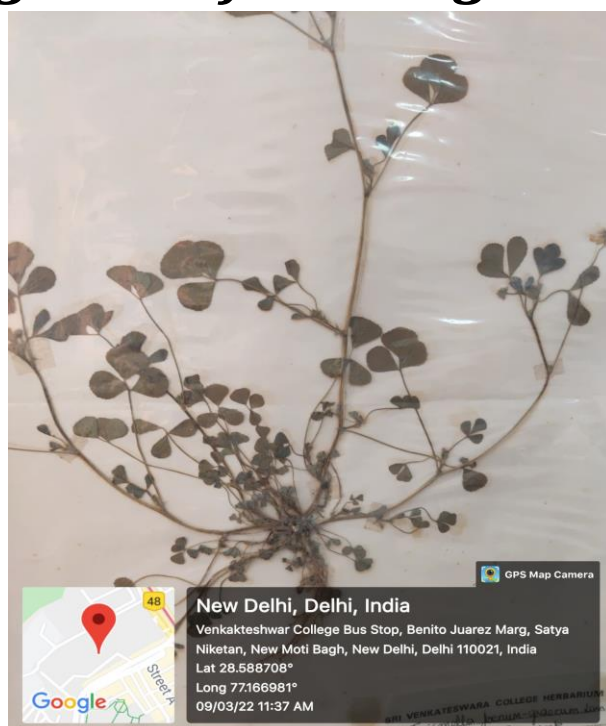


Trigonella foenum graecum



Common Name: Fenugreek

Scientific Name: *Trigonella foenum graecum*

Family: Fabaceae

It is an annual plant with leaves consisting of three small obovate to oblong leaflets. It is cultivated worldwide as a semiarid crop. Its seeds and leaves are common ingredients in dishes from the Indian sub-continent and have been used as a culinary ingredient since ancient times.

Economically Important Part: Seeds, Leaves

Economic Importance: It is used as a herb, spice and vegetable. Cuboid-shaped, yellow to amber coloured seeds is used both whole and powdered in the preparation of pickles, vegetable dishes etc. They are used as dietary supplements manufactured from powdered seeds into capsules etc. It provides a green fodder palatable to ruminants. It is used as a flavouring agent in maple syrup or tea.